

## Breakfast Menu

Breakfast is served anytime from 8am until 10am and includes all drinks, toast & preserves, cereal, fresh fruit and your choice of a hot breakfast item.

### **Hot & Cold Drinks**

*Selection of teas, freshly ground plunger of coffee, hot chocolate.*

*Mineral water, iced or infused with citrus.*

*Freshly squeezed juices*

*(seasonal choice of banana, orange, watermelon, papaya, pineapple, mango or lime).*

*Mixed juices can also be made to order, with mint, ginger etc.*

*Fresh fruit smoothies.*

*Juice of the Day – please ask our staff for details.*

### **Tropical Fruit Plate**

*A small plate of sliced tropical fresh fruit.*

### **Cereal**

*Selection of crunchy oat granola, muesli, cornflakes or Weetbix with milk or yoghurt.*

### **Toast & Preserves**

*Fresh wholegrain bread with a selection of jams & marmalade.*

### **Eggs**

*Fresh eggs any way – boiled, fried, scrambled, poached or omelette (plain or with vegetables) – served with toast & butter.*

### **Sides**

*Beef bacon, spicy beef sausage, hash brown potatoes, fried tomato.*

### **Banana or Pineapple Pancakes**

*Served with honey or chocolate sauce.*

### **Daily Special**

*Breakfast Bruschetta – Chopped tomatoes tossed with with basil, olive oil and lemon juice, served on toasted bread. Optional extras of avocado or feta cheese.*

## **Supplementary information**

- *Please note that all menu items are subject to availability.*
- *If you have any special dietary requirements, please let our staff know and will do our best to accommodate them.*
- *We use mineral water for all cooking and washing of ingredients.*